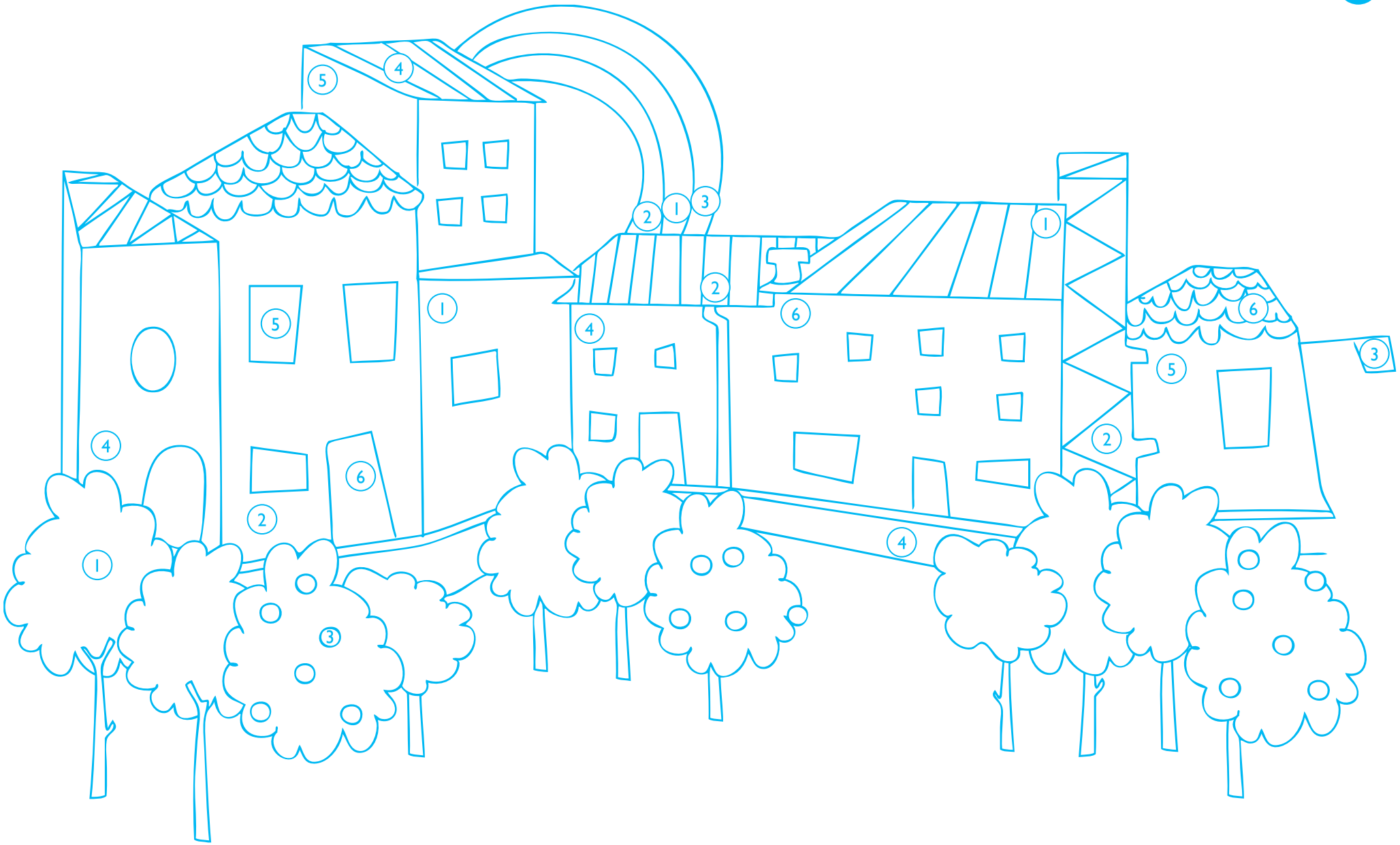svenska nu